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ROCKLAND RESOURCES BOARD APPOINTMENT

SETS OPTIONS

Vancouver, British Columbia, April 29, 2021: Rockland Resources Ltd. (the "Company" or "Rockland") (**CSE: RKL**) announces the appointment of Charles Desjardins to its Board of Directors. Mr. Desjardins brings more than 30 years of public company experience in the areas of finance and public company management. Mr. Desjardins has served in varying capacities of numerous public mineral exploration and technology companies and has been very active in the Red Lake Mining district since 2006.

Gary Musil has resigned as a director to devote attention to other professional commitments. The board of directors would like to thank Gary for his valuable contributions to date and wish him success in his future endeavours.

The Company further announces it has set 1.7 million options to directors and consultants of the Company at \$0.27 for a period of 2 years in accordance with the Company's stock option plan.

About Rockland Resources Ltd.

Rockland Resources is engaged in the business of mineral exploration and the acquisition of mineral property assets in Canada. Its objective is to locate and develop economic precious and base metal properties of merit and to conduct its exploration program on the properties. In addition to the Cole Gold Property, Rockland is exploring the Summit Old Timer Property that consists of three (3) mineral claims covering an area of 1,915 hectares located approximately 17 km southeast of the City of Nelson, within the Nelson Mining Division, British Columbia.

On Behalf of the Board of Directors

Mike England CEO, President and Director

For further information, please contact:

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Neither the Canadian Stock Exchange nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

FORWARD LOOKING STATEMENTS: This news release contains forward-looking statements, which relate to future events or future performance and reflect management's current expectations and assumptions. Such forward-looking statements reflect management's current beliefs and are based on assumptions made by and information currently available to the



Company. Investors are cautioned that these forward looking statements are neither promises nor guarantees, and are subject to risks and uncertainties that may cause future results to differ materially from those expected. These forward-looking statements are made as of the date hereof and, except as required under applicable securities legislation, the Company does not assume any obligation to update or revise them to reflect new events or circumstances. All of the forward-looking statements made in this press release are qualified by these cautionary statements and by those made in our filings with SEDAR in Canada (available at WWW.SEDAR.COM).